

My local food shopping list



Date: _____

Quantity	Produce	Notes
Quantity	Meats	Notes
Quantity	Eggs, Dairy	Notes
Quantity	Do you have...?	Notes
	Bread, baked goods	
	Coffee	
	Prepared foods	
	Preserves, honey, condiments	
	Pet foods	
	Personal products (e.g., skin care, soap)	
	Other:	